

CERTIFICATE OF PARTICIPATION

This is to certify that

Frik Beeslaar

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2018 #4

held at Cowhouse Market.

TIME 02:30:54

PACE 05:12/km

OVERALL 5 of 7

GENDER 5 of 7

40 - 49 2 of 2

15 July 2018, Sun

Date



BoutTime

Signature

